

# Neville Goddard

## The Power of Awareness

Book Overview

### Shaping Reality Through Consciousness

Welcome to an exploration of "The Power of Awareness" by Neville Goddard. This transformative work delves into the profound concept, a powerful philosophy, that our thoughts and beliefs have the power to shape our reality. By consciously changing our state of consciousness, we can transform our lives and manifest our desires. The following sections will delve into the core ideas, practical applications, and transformative potential of this approach to conscious creation. We'll uncover how changing our state of consciousness can alter the course of our lives, and learn practical techniques to manifest our desires.

The profound realization of our own divine nature leads to a deep sense of reverence and adoration for the world around us. This awareness transforms our perception of reality, inspiring a profound appreciation for the creative power within us and the interconnectedness of all things.

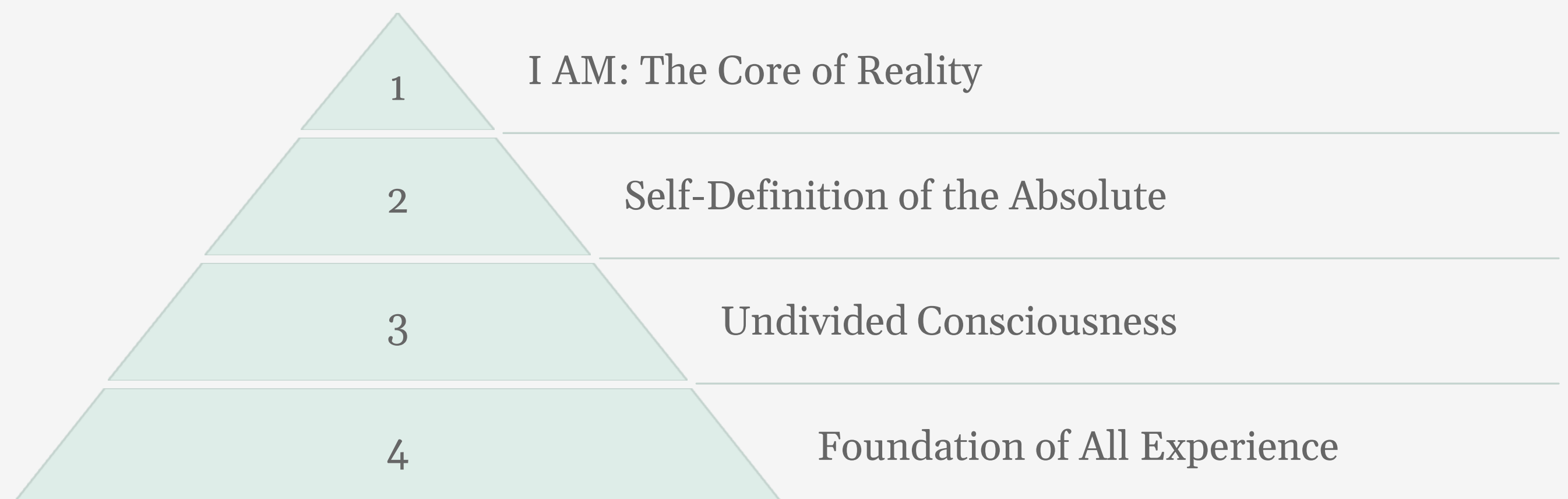
 by OL booksummary

# I AM: The Foundation of Reality

At the heart of "The Power of Awareness" lies the concept of "I AM" as the fundamental reality and source of all creation. This principle posits that consciousness is the singular, foundational reality that manifests in myriad forms. It is described as the "first cause-substance" and the self-definition of God.

The text emphasizes that despite our experience of individuality, there is no true division in consciousness: "There is no one that is not all that is, for consciousness, though expressed in an infinite series of levels, is not divisional." This understanding forms the basis for the transformative power of awareness.

Our individual experiences are shaped by our concept of ourselves, our "assumptions." These assumptions, whether conscious or unconscious, determine the reality we experience. As the text states, "The world moves with motiveless necessity... It has no motive of its own, but is under the necessity of manifesting your concept, the arrangement of your mind." This principle is said to govern every aspect of our lives, including social, financial, intellectual, and spiritual dimensions.



At the heart of Goddard's philosophy lies the concept of "I AM" - the foundational reality from which all manifestations arise. This singular consciousness expresses itself in infinite forms, yet remains undivided. Our individual experiences stem from our concept of self, shaping the reality we perceive.





# The Power of Imagination and Assumption

Imagination plays a crucial role in transforming our reality, according to "The Power of Awareness." The text declares, "Your imagination is the instrument, the means, whereby your redemption from slavery, sickness, and poverty is effected." By vividly imagining ourselves as we desire to be and feeling the emotions associated with that desired state, we can manifest it in the physical world.

The process of manifestation through imagination involves several key steps:

1. Form a mental image of the desired state
2. Concentrate attention on the feeling of already being that person
3. Persist in this feeling until the mental image becomes a seemingly solid reality

The concept emphasizes that our assumptions, when persistently held, solidify into facts. This highlights the creative power of belief and the importance of consciously choosing our assumptions.



Our assumptions, whether conscious or unconscious, determine the reality we experience. By deliberately assuming the feeling of our wishes fulfilled, we can transform our lives. This principle governs every aspect of our existence, from social and financial to intellectual and spiritual realms.

Your imagination that which was a mere mental image is changed into a seemingly solid reality.

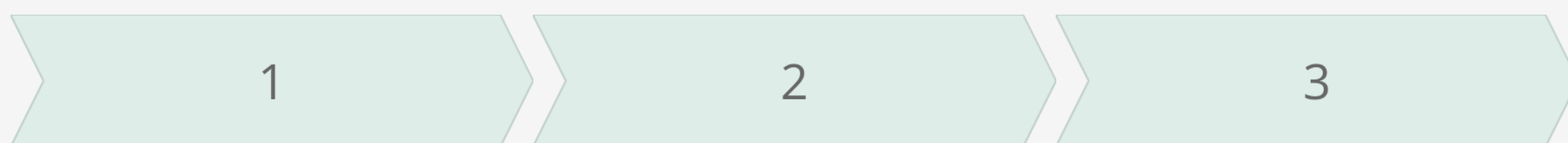


# Attention and Attitude: Keys to Mastery

The power of attention is highlighted as a crucial factor in shaping our reality. The text states, "The power of attention is the measure of your inner force. Concentrated observation of one thing shuts out other things and causes them to disappear." This emphasizes the importance of focused attention in the manifestation process.

Cultivating the right attitude is equally important. The text encourages readers to develop an attitude of faith and acceptance: "The windows of heaven... open of themselves and present their treasures as a free gift – a gift that comes when absorption reaches such a degree that it results in a feeling of complete acceptance."

Persistence is presented as the path to realization. The text emphasizes that our assumptions must be maintained consistently to be effective: "Your assumption, to be effective, cannot be a single isolated act; it must be a maintained attitude of the wish fulfilled." This principle is illustrated through biblical parables that demonstrate the power of persistent prayer and unwavering faith.



## Focus Attention

Direct your inner force towards your desired reality

## Cultivate Faith

Develop an attitude of complete acceptance

## Persist

Maintain the feeling of the wish fulfilled consistently

**Focused Attention**  
The power of attention is the measure of your inner force. Concentrated observation of one thing shuts out other things, causing them to disappear.

**Positive Attitude**  
Cultivate an attitude of faith and acceptance. The windows of heaven open when absorption reaches such a degree that it results in a feeling of complete acceptance.

**Persistent Practice**  
Your assumption must be a maintained attitude of the wish fulfilled, not just a single isolated act.

# Righteousness and Reverence

The concept of "righteousness" is redefined in "The Power of Awareness" not as moral adherence, but as "the consciousness of already being what you want to be." This shift in perspective emphasizes the internal, experiential nature of transformation rather than external compliance with rules.

The text states: "Righteousness is not the thing itself; it is the consciousness, the feeling of already being the person you want to be, of already having the thing you desire." This understanding encourages readers to align their inner state with their desired reality, fostering a sense of congruence between their aspirations and their self-concept.

The final chapter of the book underscores the profound impact of realizing our own divine nature: "IN ALL creation, in all eternity, in all the realms of your infinite being, the most wonderful fact is... You are God." This awareness, according to the text, naturally leads to a deep sense of reverence and adoration for the world around us.

This reverence is not presented as mere awe, but as a natural response to the recognition of our true nature. It invites readers to cultivate a profound appreciation for life and a constant feeling of connection to the source of all creation, enhancing their experience of reality and their ability to manifest their desires.

## Righteousness: The Consciousness of Being

### Beyond Morality

Righteousness is not about adhering to external rules, but about the consciousness of already being what you want to be.

### Feeling is the Key

It's the feeling of already having the thing you desire that aligns your inner state with your desired reality.

### Living from the End

By living from the consciousness of your wish fulfilled, you naturally align yourself with its manifestation.

## Reverence: The Natural Response to Awareness

IN ALL creation, in all eternity, in all the realms of your infinite being, the most wonderful fact is... You are God.

The profound realization of our own divine nature leads to a deep sense of reverence and adoration for the world around us. This awareness transforms our perception of reality, inspiring a profound appreciation for the creative power within us and the interconnectedness of all things.



# Practical Application and Exercises

"The Power of Awareness" provides several real-life examples of individuals who successfully applied these principles to achieve their desires. These case histories range from securing military discharges to achieving financial success, demonstrating the practical applicability of the concepts across various life situations.

To help readers implement these ideas, the text outlines three essential elements for effectively applying the law of assumption:

## 1 Burning Desire

A strong, passionate longing for the desired state

## 2 Physical Stillness

Achieving a state of bodily relaxation to facilitate mental focus

## 3 Vivid Imagination

Experiencing the desired state in imagination with sensory richness

## 4 The Creative Power

Imagination is the instrument through which we can effect our redemption from limitations. It's the means by which we can reshape our reality and manifest our desires.

## 5 Vivid Visualization

By forming a clear mental image of our desired state and concentrating on the feeling of already being that person, we can transform mere mental images into solid realities.

The text emphasizes the importance of distinguishing between controlled imagination and mere daydreaming, highlighting the need for intentional focus and emotional engagement in the visualization process. Readers are encouraged to practice these techniques consistently to develop their ability to shape their reality through conscious awareness.





# Overcoming Obstacles and Persisting in Faith

While "The Power of Awareness" presents a powerful framework for manifestation, it also acknowledges that readers may encounter setbacks or failures in their attempts to apply these principles. The text encourages analyzing potential errors in consciousness and persisting in refining one's application of the principles.

Some common reasons for manifestation failure include:

- Lack of faith or conviction in the desired outcome
- Inconsistency in maintaining the feeling of the wish fulfilled
- Focusing on the lack or absence of the desired state
- Holding limiting beliefs or negative self-concepts that create resistance

The text emphasizes the importance of developing unwavering faith, described not as blind hope but as an unshakeable knowing. It states that true faith lies in the certainty that your assumptions, when persistently held, will inevitably manifest in your reality.

To overcome obstacles, readers are encouraged to:

## Analyze Consciousness

Examine your thoughts and beliefs for misalignments with your desires

## Refine Practice

Continuously improve your ability to maintain the feeling of the wish fulfilled

## Cultivate Certainty

Develop unshakeable faith in the power of your assumptions

## Persist

Continue applying the principles despite temporary setbacks or apparent failures



# Conclusion

## Embracing the Power of Awareness

"The Power of Awareness" presents a compelling argument for the transformative potential of conscious creation. By understanding the fundamental nature of consciousness, harnessing the power of imagination, and persistently assuming the feeling of our desires fulfilled, we can shape our reality and manifest our aspirations.

The text invites readers to embrace their role as conscious creators of their own destinies, empowered by the understanding of the law of assumption. It encourages a profound shift in perspective, recognizing our inherent divinity and the limitless potential that lies within our awareness.

As we apply these principles and deepen our understanding of the power of awareness, we embark on a journey of continuous growth and expansion. Our ultimate destiny, according to the text, is to progressively manifest higher levels of joy, fulfillment, and abundance, with each realization serving as a stepping stone to new and more magnificent horizons.

- 1 Practice Daily Visualization**  
Set aside time each day to vividly imagine your desired reality, feeling it as already true.
- 2 Cultivate Awareness**  
Pay attention to your thoughts and assumptions, consciously choosing those that align with your desires.
- 3 Live from the End**  
Act and feel as if your desires are already fulfilled, maintaining this state consistently.
- 4 Embrace Reverence**  
Cultivate a deep appreciation for your divine nature and the creative power within you.

As you embark on this journey of conscious creation, remember that persistence and faith are key. Trust in the process, and watch as your reality transforms to reflect your deepest desires.

